



Food Service Policy

(Ratified by School Council: March 2016)

PURPOSE:

This policy promotes and encourages healthy food choices to the students and the wider community. The lunch food service is outsourced to a local business providing safe, nutritious foods and promoting healthy eating.

GUIDELINES:

- All students will be invited to consume **Brain Food** at or around 10:00am each morning. Teachers will articulate and monitor that Brain Food consists of fruit and vegetable options brought from home.
- The school purchases a small quantity of fruit each week for student consumption to supplement the brain food requirement – we do not purchase enough for each child to have every day.
- Students are encouraged to have a water bottle in the classroom, sweet drinks and sodas are not appropriate for school.
- Students will be encouraged to bring healthy food choices to school for morning tea and lunch, sweet foods and confectionary should be saved for consumption at home.
- Families will be able to order lunch through an external provider connected with the school. These lunches will be delivered daily to the school site.
- Any off-site food service provider that supplies the school lunch service, will demonstrate that food is prepared in accordance with the Victorian Food Act 1984.
- Menu items will reflect the Australian Dietary Guidelines for Children and Adolescents.
- Orders lodged, and payments made to any external lunch service provider are independent transactions and not connected with the school in any way.

IMPLEMENTATION:

- Teachers will monitor food choices brought to school and will encourage students to bring fruit and/or vegetables for brain food, and 'Healthy Food Choices' for morning tea and lunch.
- A link to an external food provider will be on the website for families to access and order lunch to be delivered to school. This link is also available through the app "TiqBiz".
- Lunches will be delivered to the hot/cold bags in the staffroom, where teachers and students can organise collection for 1:30pm each day.

RELATED LEGISLATION:

- Section 2.3.5 of the Education and Training Reform Act 2006
- Food (Amendment) Act 2001 – Act No. 14
- National Food Safety Standards

RELATED POLICIES:

- Management of Food and Allergies Policy

POLICY EVALUATION:

Evaluation will be conducted every two years by the Education Committee (School Council).

DUE DATE FOR REVIEW:

Due for review in March 2018.