

Parentzone

The Parentzone is an organisation that has been in operation for many years in this area and many of our parents have accessed some of the services that they provide. Each term they publish a newsletter listing all the activities that they run for that period. With a selection of nearly 70 general parenting topics and several more dealing specifically with Aboriginal or Multicultural related topics; they are well worth viewing on line to find advice for most parenting challenges.

Some of the titles include:

- Group/Course Information
- General Parenting (0-5)
- General Parenting (0-12)
- Parents of Adolescents
- Sole Parents
- Step & Blended Families
- Grief & Loss
- Young Parents
- Post Natal Depression
- Just for Dads
- Family Violence & Anger Management
- Special Needs
- Vulnerable & Isolated Parents
- Drug, Alcohol & Addictive Behaviour
- Children & Adolescent Programs



EASTERN REGIONAL PARENTING SERVICE

Anglicare Parentzone

666 Mountain Highway

Bayswater 3153

Phone: 9721 3646

Web Site: www.anglicarevic.org.au

Click on MEDIA then NEWSLETTERS then PARENTZONE then EASTERN NEWSLETTER.

Parentline Ph: 132 289

Mon—Fri, 8am—midnight

Sat—Sun, 10am—10pm.

Parentline is a free service offering telephone counselling, information and referral to parents of children aged between 0 - 18 years. Parents and other carers may phone to obtain advice about managing difficult behaviours, including conflict and relationship issues. People who ring while the line is busy or outside hours can leave a message and will be called back.

